

**Do you have heart disease?  
Interested in research?**



**Help improve treatments and care**

**Together we can Help BEAT Heart Disease**

# What is Help BEAT Heart Disease?

It is part of Research for the Future - an NHS supported campaign to encourage people to get involved in health research.

If you have a heart condition such as heart failure, angina or atrial fibrillation, find out about research going on in your local area by joining Research for the Future.

## What does it involve?

When you join we will ask you for your contact details, heart condition and whether you have a family history of heart disease.

We will explain the different types of research available and you can tell us which of these you are interested in. We use this information to tell you about studies going on in your area and how to get involved.

There are lots of opportunities, from simple questionnaires to taking part in trials of new treatments. It is always your decision whether to take part in any research you receive information about.

## How do I sign up?

If you are aged over 18, contact us using one of the options below:



[researchforthefuture.org](https://researchforthefuture.org)



Text research and your name to **81400**



**0161 206 3636**

Joining Research for the Future is free and your participation is voluntary. You can leave a study or Research for the Future at any time without affecting your care.

Any information you provide will be stored on a secure NHS database, kept in accordance with the General Data Protection Regulation (GDPR) and Data Protection Act (2018). Only the Research for the Future team have access to it. Your details will never be passed to anyone else. For our privacy notice, please see: [www.researchforthefuture.org/privacy](https://www.researchforthefuture.org/privacy)

Research for the Future is provided in partnership with the National Institute for Health Research Clinical Research Network Greater Manchester, NorthWest EHealth, Health Innovation Manchester and the Northern Care Alliance NHS Group.